

Resources for People with Addictions

May 2025



Please contact the agency to confirm availability of the service.
Contact 211 for more information. Dial 2-1-1, text INFO to 211, or live chat at www.ab.211.ca.

Addictions Support and Counselling / Crisis Support

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Addiction Helpline (24/7)..... 1-866-332-2322
Opioid Dependency Program 780-342-7810
Canadian Mental Health Association (CMHA) - Edmonton Region
Distress Line (24/7) 780-482-HELP (4357)
Centre for Addiction and Mental Health
988 Suicide Crisis Helpline 988
Digital Overdose Response System App www.dorsapp.ca
Kids Help Phone (24/7) 1-800-668-6868
Poundmaker's Lodge Treatment Centres (18+yrs) .780-458-1884

Adult Residential Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 424-2424
Hope Mission Edmonton (faith-based) 780-422-2018
Breakout Recovery Community 780-422-2018 x312
(men; 18-60yrs; transient, indigent, and single)
Wellspring Recovery Community..... 780-422-2018 x203
(women; 18+yrs)
Jellinek Society..... 780-488-1160
(men in recovery from cross-addiction and alcoholism; 18+yrs)
McDougall House Association..... 780-426-1409
(women in recovery; 18+yrs)
Our House (Edmonton) Limited..... 780-474-8945
(men; 18+yrs; alcohol, drugs)
Oxford House Foundation of Canada..... 587-598-6977
(men/women in recovery from addictions; pre- and post-treatment options)
Poundmaker's Lodge Treatment Centres..... 780-458-1884
(men/women; 18+yrs; alcohol, drugs, gambling)
Recovery Acres Society – Edmonton..... 780-471-2996
Residential Addiction Treatment Program
(men; 16+yrs; alcohol, drugs, gambling)
Supportive Housing
(women/men who have completed an addiction recovery program)
Urban Manor Housing Society 780-425-5901
(hard-to-house men; 18+yrs; addictions / mental illness)

Detoxification Programs

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Detoxification Services, Adult (17+yrs)..... 780-342-5900
George Spady Society 780-424-8335 x0
Medically Supported Detox Unit (18+yrs)
Poundmaker's Lodge Treatment Centres
Detox Program (18+yrs)..... 780-458-1884

Emergency Shelters for the Intoxicated

Hope Mission Edmonton (16+yrs) 780-422-2018

Eating Disorders - Information / Treatment

Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Anorexics and Bulimics Anonymous..... www.aba12steps.org
Eating Disorder Support Network of Alberta
Education Services..... 780-729-3376

Self Help / Support Groups

Alano Club - 12-Step Meetings 780-423-1807
Alberta Gamblers Anonymous (Edmonton) 780-463-0892
Alberta Health Services (AHS) - Provincial Health Services
QuitCore (smoking group)..... 1-866-710-QUIT (7848)
Alcoholics Anonymous in Alberta (AA) 780-424-5900
Anorexics and Bulimics Anonymous..... www.aba12steps.org
Canadian Assembly of Narcotics Anonymous
Alberta - Saskatchewan Region 1-877-463-3537
Clean Scene (14 to 29yrs) 780-488-0036
Cocaine Anonymous World Services..... www.ca.org
Crystal Meth Anonymous..... 1-855-638-4373
Eating Disorder Support Network of Alberta
Adult Support Groups..... 780-729-3376
Food Addicts in Recovery Anonymous..... www.foodaddicts.org
Marijuana Anonymous www.marijuana-anonymous.org
Overeaters Anonymous (OA)..... www.oa-southernalberta.com
Problem Gambling Resources Network..... 780-461-1259
Sex Addicts Anonymous (SAA) 780-394-3709
SMART Recovery Alberta..... www.smartrecoveryalberta.org
South Edmonton Fellowship Centre 780-220-7811
Addiction Recovery Information and Peer Support

Support / Info for Those Affected by Addictions

Al-Anon Family Groups - Edmonton (24/7)..... 780-443-6000
Al-Anon / Alateen Meetings
Alberta Health Services (AHS) - *Addiction and Mental Health*
Access 24/7, Adult Intake Services 780-424-2424
Addiction Helpline (24/7) 1-866-332-2322
Bissell Centre - FASD Services 780-423-2285 x157
Catholic Social Services - FASD Programs 780-975-4896
FASD Support and Resources in Alberta. www.fasd.typepad.com
Parents Empowering Parents (PEP) Society
Family Recovery Groups..... 780-293-OPEP (0737)
Family Support Line 780-293-OPEP (0737)
URise (15 to 18 years)

Youth Residential Programs

Alberta Health Services (AHS) - Provincial Health Services
Protection of Children Abusing Drugs 1-866-332-2322
(PChAD; under 18yrs)

Visit www.edmonton.cmha.ca to obtain a new copy of this list if more than 6 months old.

Inclusion of an agency or service on this list does not constitute an endorsement by 211.